

VEGETARIAN GLUTEN FREE MENU

Some of our vegetarian dishes contain eggs. If you do not eat eggs, please let us know.

Soups

301	Sweetcorn	£3.50
302	Vegetarian Chilli Hot & Sour	£4.30
303	Mixed Vegetables	£4.30
304	Shiitake Mushrooms & Noodles	£4.30

Appetisers

305	Crispy Seaweed	£4.50
306	Vegetarian Toasts (4)	£5.10
307	Salt & Pepper Aubergine	£6.30
308	Salt & Pepper Beancurd	£6.30
309	Salt & Pepper Mushrooms	£6.30
310	Diced Vegetables Lettuce Wrap	£7.90

Main Courses

Stir-fried with a choice from the stir-fried options (pg 05)

311	Beancurd	£9.50
312	Aubergine	£9.50
313	Mixed Vegetables	£8.90

Curry

	314 Red	315 Green	
a	Beancurd	£10.50	£10.50
b	Aubergine	£10.50	£10.50
c	Mixed Vegetables	£9.90	£9.90
d	Mushrooms	£9.90	£9.90

Noodles

	316 Vermicelli <i>Thin, Rice</i>	317 Ho Fun <i>Flat, Rice</i>	
a	Beancurd	£11.00	£12.00
b	Mixed Vegetables	£10.40	£11.40
c	Mushrooms	£10.40	£11.40

318	Vegetarian Vermicelli <i>Thin, Rice Noodles</i>	
	a Vegetarian Spicy Singapore Vermicelli	£8.90
	b Vegetarian Ha Moon Vermicelli	£8.90

Fried Rice

319	G-Wu Special Vegetarian Fried Rice	£8.90
	Diced medley of vegetables cooked in a sauce served on a bed of egg fried rice	
320	Mixed Vegetables Fried Rice	£8.00
321	Beancurd Fried Rice	£8.00
322	Mushrooms Fried Rice	£8.00

VEGAN MENU

Please note that some dishes in our vegan menu may contain gluten.

Soups

323	Sweetcorn	£3.50
324	Vegan Chilli Hot & Sour	£4.30
325	Mixed Vegetables	£4.30
326	Shiitake Mushrooms & Noodles	£4.30

Appetisers

327	Vegan Mixed Platter	£7.00pp
	Vegan Spring Roll (1), Vegan Toast (1), Vegan Chicken Skewer (1), Seaweed	
328	Crispy Seaweed	£4.50
329	Onion Rings (5)	£4.50
330	Vegan Spring Rolls (4)	£5.10
331	Vegan Toasts (4)	£5.10
332	Vegan Won Tons (6)	£5.10
333	Salt & Pepper Aubergine	£6.30
334	Salt & Pepper Beancurd	£6.30
335	Salt & Pepper Mushrooms	£6.30
336	Diced Vegetables Lettuce Wrap	£7.90
337	Vegan Chicken Skewers with Satay Sauce (3)(N)	£8.20
338	Salt & Pepper Vegan Chicken	£8.00
339	Vegan Crispy Aromatic Duck	£10.00
	Served with pancakes, hoi sin sauce & salad	

Main Courses

Stir-fried with a choice from the stir-fried options (pg 08)

340	Vegan Chicken	£10.00
341	Beancurd	£9.50
342	Aubergine	£9.50
343	Mixed Vegetables	£8.90

Curry

	344 Traditional	345 Red	346 Green	
a	Vegan Chicken	£10.00	£11.00	£11.00
b	Beancurd	£9.50	£10.50	£10.50
c	Aubergine	£9.50	£10.50	£10.50
d	Mixed Vegetables	£8.90	£9.90	£9.90
e	Mushrooms	£8.90	£9.90	£9.90

Noodles	347 Chow Mein <i>Crispy or Soft</i>	348 Udon <i>Thick, White</i>	349 Ho Fun <i>Flat, Rice</i>
a	Vegan Chicken	£11.50	£12.50
b	Beancurd	£11.00	£12.00
c	Mixed Vegetables	£10.40	£11.40
d	Mushrooms	£10.40	£11.40
350	Vegan Vermicelli <i>Thin, Rice Noodles</i>		
	a Vegan Spicy Singapore Vermicelli		£8.90
	b Vegan Ha Moon Vermicelli		£8.90

Fried Rice

351	G-Wu Special Vegan Fried Rice	£9.50
	Diced medley of vegetables cooked in a sauce served on a bed of egg fried rice (rice will be wet)	
352	Vegan Chicken Fried Rice	£10.00
353	Beancurd Fried Rice	£8.00
354	Mixed Vegetables Fried Rice	£8.00
355	Mushrooms Fried Rice	£8.00

Vegan Stir-Fried Options

Please select one of the following stir fry options:

a	Mixed Vegetables	i	Tomatoes
b	Chinese Vegetables	j	Pineapple
c	Broccoli	k	Pineapple & Picked Ginger (+£0.50)
d	Bamboo Shoots & Water Chestnuts	l	OK Sauce
e	Mushrooms	m	Sweet & Sour Sauce
f	Ginger & Spring Onions	n	Satay Sauce (N)
g	Green Peppers & Black Bean Sauce	o	Szechuan Sauce
h	Fresh Coriander, Chilli & Cumin (+£0.50)	p	Kung Po Sauce
		q	Hot & Spicy Sauce
		r	Onions & Black Pepper

(N) = Contains Nuts

Please note: Chips and Rice are not included in any of the dishes.

Our kitchen handles food that contains common food allergens, including gluten, soybeans, milk, peanuts, nuts, eggs, fish, seafood and their products. Fish and meat dishes may contain bones. If you have any allergies or intolerances, please kindly advise our servers when ordering. While all due care is taken, we cannot guarantee orders will be entirely allergen free and will be consumed at your own risk.

Last updated: November 2024



OPENING HOURS

Monday - Tuesday
CLOSED

Wednesday - Sunday
16:00 - 22:00



0113 824 6641

GLUTEN FREE MENU

Soups

201	Chicken & Sweetcorn	£4.50
202	Chicken & Vermicelli Noodles	£5.00
203	Chilli Hot & Sour	£5.00
204	Shredded Duck with Vegetables	£5.00
205	Crab Meat & Sweetcorn	£5.50

Lettuce Wraps

206	Duck Lettuce Wraps	£8.50
207	Chicken Lettuce Wraps	£7.90

Starters

208	G-Wu Mixed Platter	£7.50pp
	Prawn Toasts (2), BBQ Rib (1), Plain Wings (2), Seaweed	
209	Prawn Toasts (4)	£6.50
210	Ribs in OK Sauce	£8.30
211	Ribs in Sweet & Sour Sauce	£7.80
212	BBQ Rib Brushed with Honey	£7.80
213	Salt & Pepper Rib	£7.80
214	Chicken Skewers with Satay Sauce (4)(N)	£7.50
215	Salt & Pepper Chicken Wings	£7.00
216	Salt & Pepper Shredded Chicken	£9.00
217	Salt & Pepper Nuggets	£9.00
218	Salt & Pepper Cod	£10.90
219	Salt & Pepper Squid	£7.50
220	Salt & Pepper Soft Shell Crab	£7.50
221	Salt & Pepper King Prawns (6)	£7.50
222	Crispy Seaweed	£4.50
223	Prawn Crackers	£3.50

Aromatic Duck

224	Aromatic Duck	
	Served with lettuce, plum sauce & salad	
	a Quarter	£13.50
	b Half	£27.00
225	Extra portion of lettuce	£1.60
226	Extra portion of salad	£2.50
227	Extra portion plum sauce (small)	£2.00
228	Extra portion plum sauce (large)	£3.50

G-Wu Special

229	Combination of Duck, King Prawns, Char Sui, Chicken & Squid (Stir-fried with choice of options on pg 05)	£11.30
230	G-Wu Special in OK Sauce (Battered King Prawns, Pork & Chicken)	£11.30
231	G-Wu Special in Sweet & Sour Sauce (Battered King Prawns, Pork & Chicken)	£11.30

Roast Duck

232	Roast Duck in a Choice of Sauce	£12.80
	a Plum b Lemon c Orange	
233	Roast Duck in OK Sauce	£13.30
234	Roast Duck (Stir-fried with choice of options on pg 05)	£11.60

Fillet Steak

235	Fillet Steak (Stir-fried with choice of options on pg 05)	£13.80
236	Fillet Steak in OK Sauce	£14.30

Lamb, Beef, Pork or Char Sui

237	Lamb (Stir-fried with choice of options on pg 05)	£11.50
238	Beef (Stir-fried with choice of options on pg 05)	£9.80
239	Crispy Beef in OK Sauce	£10.30
240	Shredded Beef in Garlic & Chilli Sauce	£9.80
241	Pork (Stir-fried with choice of options on pg 05)	£9.00
242	Pork in OK Sauce	£9.50
243	Sweet & Sour Pork	£9.00
244	Char Sui (Stir-fried with choice of options on pg 05)	£9.80

Chicken

245	Chicken (Stir-fried with choice of options on pg 05)	£9.00
246	Chicken in a Choice of Sauce	£9.50
	a Plum b Lemon c Orange	
247	Chicken in OK Sauce	£9.50
248	Sweet & Sour Chicken (Cantonese)	£9.00
249	Shredded Chicken in Garlic & Chilli Sauce	£9.00

Prawn Meat Stuffing

	Prawn Meat Stuffing with:	
250	Roast Duck in Chinese Mushroom Sauce	£13.50
251	Chicken in Chinese Mushroom Sauce	£12.50
252	Beancurd & Aubergine in Black Bean Sauce	£12.50

Seafood

253	Cod in a Choice of Sauces	£12.80
	a Plum b Lemon c Sweet & Sour	
254	Cod in OK Sauce	£13.30
255	Cod (Stir-fried with choice of options on pg 05)	£12.80
256	Squid (Stir-fried with choice of options on pg 05)	£10.50
257	King Prawns (Stir-fried with choice of options on pg 05)	£10.50
258	Sesame King Prawns in Lemon Sauce	£10.50
259	King Prawns in a Mayonnaise Dressing	£10.50
260	Sweet & Sour King Prawns	£10.50
261	King Prawns in OK Sauce	£11.00

Curry

	262 Red	263 Green
a G-Wu Special	£12.30	£12.30
b King Prawns	£11.50	£11.50
c Duck	£12.60	£12.60
d Lamb	£12.50	£12.50
e Beef	£10.80	£10.80
f Char Sui	£10.80	£10.80
g Chicken	£10.00	£10.00
h Pork	£10.00	£10.00

Noodles

	264 Vermicelli Thin, Rice	265 Ho Fun Flat, Rice
a G-Wu Special	£12.80	£13.80
b King Prawns	£12.00	£13.00
c Duck	£13.10	£14.10
d Lamb	£13.00	£14.00
e Beef	£11.30	£12.30
f Char Sui	£11.30	£12.30
g Chicken	£10.50	£11.50
h Pork	£10.50	£11.50

266 Vermicelli Thin, Rice Noodles

a Spicy Singapore Style (Chicken, Char Sui & Prawns)	£11.80
b Ha Moon Style (Chicken, Char Sui & Prawns)	£11.80

Fried Rice

267	G-Wu Special	£11.20
	Diced medley of seafood, meat & vegetables cooked in a sauce served on a bed of fried rice (rice will be wet)	
268	King Prawns	£10.00
269	Duck	£10.00
270	Lamb	£10.00
271	Yeung Chow (chicken, char sui & prawns)	£9.80
272	Spicy Singapore (chicken, char sui & prawns)	£9.80
273	Beef	£9.80
274	Char Sui	£9.80
275	Pork	£9.00
276	Chicken	£9.00

Sides

277	Chips	£3.30
278	Salt & Pepper Chips	£4.30
279	Salt & Pepper Vegetables	£3.00
280	Boiled Rice	£3.00
281	Egg Fried Rice	£3.70
282	Ho Fun with Onions & Beansprouts	£6.50
283	Vermicelli with Onions & Beansprouts	£5.10
284	Mixed Vegetables	£5.70
285	Chinese Vegetables	£5.70
286	Pak Choi	£7.20
287	Mushrooms	£5.00
288	Broccoli	£5.00
289	Bamboo Shoots & Water Chestnuts	£5.00
290	Beansprouts	£4.50
291	Cashew Nuts (N)	£2.00

Sauces

292	a Lemon b Orange c Plum	d Sweet & Sour e Black Bean f Garlic Chilli	g Satay (N)	£3.00
293	OK			£3.50
294	Honey			£2.00
295	Red Curry			£3.80
296	Green Curry			£3.80
297	Chilli Oil (small)			£2.50
298	Chilli Oil (large)			£4.50
299	Gravy			£2.70
300	Soy Sauce (bottle)			£4.50

Gluten Free Stir-Fried Options

Please select one of the following stir fry options:

a Mixed Vegetables	i Foo Yung
b Chinese Vegetables	j Tomatoes
c Broccoli	k Pineapple
d Bamboo Shoots & Water Chestnuts	l Pineapple & Pickled Ginger (+£0.50)
e Mushrooms	m Satay Sauce (N)
f Ginger & Spring Onions	n Szechuan Sauce
g Green Peppers & Black Bean Sauce	o OK
h Fresh Coriander, Chilli & Cumin (+£0.50)	p Sweet & Sour

Please note: Chips and Rice are not included in any of the dishes.